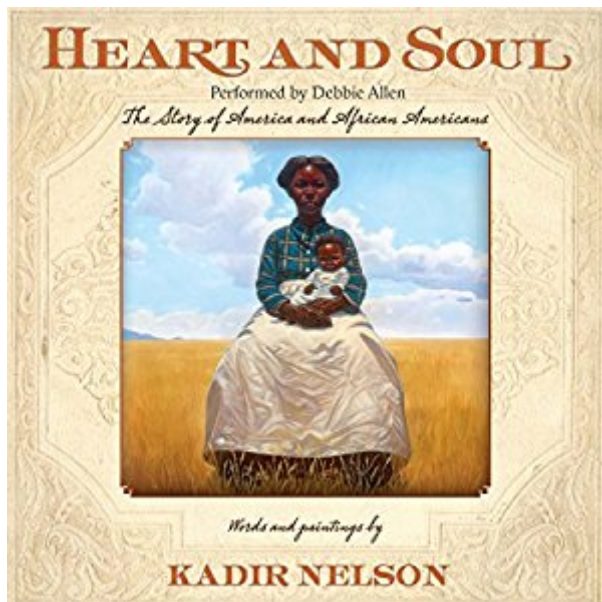


The book was found

# Heart And Soul



## Synopsis

The story of America and African Americans is a story of hope and inspiration and unwavering courage. But it is also the story of injustice; of a country divided by law, education, and wealth; of a people whose struggles and achievements helped define their country. Kadir Nelson, one of this generation's most accomplished, award-winning artists, has created an epic yet intimate introduction to the history of America and African Americans, from colonial days through the civil rights movement. Written in the voice of an "Everywoman," an unnamed narrator whose forebears came to this country on slave ships and who lived to cast her vote for the first African American president, *Heart and Soul* touches on some of the great transformative events and small victories of that history. This inspiring book demonstrates that in gaining their freedom and equal rights, African Americans helped our country achieve its promise of liberty and justice - the true heart and soul of our nation.

## Book Information

Audible Audio Edition

Listening Length: 1 hour 38 minutes

Program Type: Audiobook

Version: Unabridged

Publisher: HarperAudio

Audible.com Release Date: September 27, 2011

Language: English

ASIN: B005PTOYL2

Best Sellers Rank: #156 in Books > Audible Audiobooks > Children's Books > Biographies & History #156 in Books > Audible Audiobooks > Children's Books > Nonfiction #4952 in Books > Audible Audiobooks > Children's Books > Fiction

## Customer Reviews

Do you remember the kids books that you will simply never forget? For me it was always the pictures. If the pictures weren't good . . . the book wasn't good. *Curious George* . . . *Where the Wild Things Are* . . . *Dr. Seuss* . . . it's the pictures that grab you, then the story that holds you. This whole book is a work of art, without being artsy. The pictures are just astonishing. Really. This book would be worth buying even without words. I can't imagine the time put into it and wonder if some of the illustrations are part of larger exhibits, on a mural somewhere etc. I also like the personal folksy story telling tone - although it sometimes seems to have a southern accent and sometimes

doesn't. At 100 pages and 12 chapters it's not a one night bedtime story for young kids . . . But in my mind it is totally deserving of required reading status for say ages 8 through . . . 108?

This book is so simple that it's an easy read for young people trying to understand African American History... yet the illustrations can capture the eye of the young and old. I love this book. I have it in the living room, and everyone that opens it does not want to put it down.

Kadir Nelson's illustrations are perfection. His art work gives life to the history and contributions of African Americans in America. I purchased 32 copies of this book for members of a Girl Scout troop ( ages 8 - 12) as a part of their Black History project. The girls loved the book and learned a great deal about some of most important people and events in history. The troop leaders and parents were fascinated with the book and wanted to know where to get additional copies. Although Nelson's gives a broad brush approach to three decades of African American history, this beautifully crafted book highlights significant events and is a wonderful introduction to the history African Americans in our country. I highly recommend *Heart and Soul: The Story of American and African Americans* to teachers, librarians and parents.

I purchased this book in 2011 after hearing the author interview on the radio. Finally got around to reading it to my kids this year 2014. I read it to my 10 y/o and 8 y/o. I normal routine is to read at bedtime. They did not want me to put this book down. They love this book and I do as well. It a book written on their level that tells the journey of African Americans from beginning to where we are today - from slavery to the Reconstruction era to Women's right to vote to Civil Rights Era to electing our first black President. My sons looked forward to reading this book every night. Their only disappointment was that the book had to end. I've been telling everyone in my circle that this is a must read!

What a beautifully illustrated book with images that appear to be so realistic. It really adds to the nature of the text, which provides a valuable overview of United States history and the lives of African Americans from the Revolutionary War era to the present day. This allows the reader to "travel back in time to find out about people, places and events from long ago" (Temple, Martinez, & Yokota, 2011, p. 360). The book is interesting as it gives several inspirational stories from real families and individuals that had an impact in shaping the history. The journey and progress of the African American culture is portrayed in a different nature than how most children learn about

history through textbooks, which I think gives this book great appeal!References:Nelson, K. (2011). Heart and soul: The story of America and African Americans. New York, NY: HarperCollins PublishersTemple, C., Martinez, M., & Yokota, J. (2011). Children's books in children's hands: An introduction to their literature. Boston, MA: Pearson Education, Inc.

This book was an incredible resource to expose my third grade students to the history of Black Americans. Reading the book aloud to my students inspired lots of deep, real and vulnerable conversations and discussions about slavery, civil rights, etc. Many of my students had never heard of some of the vital history discussed in this book.

My kids love to read, and this past summer we have dwelled into the current climate of the U.S and Black Anwrica, often times leaving me to figure out where to start. This book definately helps start that conversation and what better way to do it, with something they love--books!

Stunning!!! My only regret is not getting the hardback! I can't wait to share this with my family. It's a beautiful addition to our homeschool library!

[Download to continue reading...](#)

The Passover Soul Kit: 101 Soul Tips, Easy Passover Recipes, Pesach Insights, Meditations, Art & Quotes for the Passover Seder and the Passover Haggadah (Holy Sparks Soul Kits) Soul Comfort for Cat Lovers: Coping Wisdom for Heart and Soul After the Loss of a Beloved Feline The Best of Soul Food - Recipes To Warm Your Heart & Soul Experiential Worship: Encountering God with Heart, Soul, Mind, and Strength (Quiet Times for the Heart) The South Beach Heart Health Revolution: Cardiac Prevention That Can Reverse Heart Disease and Stop Heart Attacks and Strokes (The South Beach Diet) The Patient's Guide To Heart Valve Surgery (Heart Valve Replacement And Heart Valve Repair) REVERSE HEART DISEASE - HEART ATTACK CURE & STROKE CURE - LOWER HIGH BLOOD PRESSURE TO NORMAL & RESTORE YOUTHFUL CARDIAC HEALTH WITH NO SURGERY OR DRUGS ... Pressure Cure, The End Of Heart Disease) Mudras for a Strong Heart: 21 Simple Hand Gestures for Preventing, Curing & Reversing Heart Disease: [ A Holistic Approach to Preventing & Curing Heart Disease ] (Mudra Healing Book 8) The Cardiac Recovery Cookbook: Heart Healthy Recipes for Life After Heart Attack or Heart Surgery Soul on Soul: The Life and Music of Mary Lou Williams Chicken Soup for the Breast Cancer Survivor's Soul: Stories to Inspire, Support and Heal (Chicken Soup for the Soul) Painting for the Soul: Soothe your soul, expand your imagination, and paint your way to colorful, creative expression

The Power of Soul: The Way to Heal, Rejuvenate, Transform and Enlighten All Life (Soul Power 3)  
Chicken Soup for the Teenage Soul: Stories of Life, Love and Learning (Chicken Soup for the Soul)  
Chicken Soup for the Preteen Soul 2: Stories About Facing Challenges, Realizing Dreams and  
Making a Difference (Chicken Soup for the Soul) Chicken Soup for the Kid's Soul: 101 Stories of  
Courage, Hope and Laughter (Chicken Soup for the Soul) Chicken Soup for the Teenage Soul on  
Tough Stuff: Stories of Tough Times and Lessons Learned (Chicken Soup for the Soul) Chicken  
Soup for the Teenage Soul: 101 Stories of Life, Love and Learning (Chicken Soup for the Soul)  
Sweet Potato Soul: 100 Easy Vegan Recipes for the Southern Flavors of Smoke, Sugar, Spice, and  
Soul Chicken Soup for the Fisherman's Soul: Fish Tales to Hook Your Spirit and Snag Your Funny  
Bone (Chicken Soup for Soul)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)